

**IACPR Committee Members 2022-2023**

**President:** Eric Larson

**Past President**: Peg King

**President Elect**: Brandy Tripp

**Secretary**: Sharon Mays

**Treasurer:** Deb Anderson

**Directors**:

Aleshia Blocker

Lindsey DeJong

Sharon Mays

Gwen Bridgman

Michelle Henrichsen

**COMMITTEE LEADERS**

**and**

**Members**

**Budget and Finance**:

Deb Anderson (Treasurer)

Eric Larson (Director)

**Communication**:

Leah Lenz (Chairperson)

Sharon Mays (Director)

**Education**

Brandy Tripp (Chairperson)

Lindsey DeJong (Director)

Diane Callahan

Krystle Primus

Denise Promes

Eric Larson

Erika Leonard

**Membership**:

Michelle Litterer (Chairperson)

OPEN (Director)

**Reimbursement/Legislative**:

Susan Flack (Chairperson)

Aleshia Bloker (Director)

https://iacpr.net/resources/Pictures/Peg%20King.jpg

# Fall 2023 Issue

# President’s Message

The leaves are changing, and the air is getting brisk…another beautiful fall in Iowa. As the weather changes, so are we within the IACPR. We are so excited to announce several new opportunities for members that will be released over the next year. First and foremost, we have officially set the date for our annual state conference.   
We are pleased to announce that we will have a wide array of speakers from all different backgrounds speaking this year. Secondly, we are organizing a new entity to the state, a *Grassroots Initiative*. This will be a day-long seminar every other fall, hosted and instructed by other experienced cardiopulmonary rehab professionals, that will help explain Cardiac and Pulmonary Rehab from A to Z. This will be intended for the professional looking to get a refresher or those individuals new to our departments that need all the basic information. More information of this to come. Finally, I am pleased to announce that we are looking for volunteers within the state to help us establish a social media presence with our members. If you or someone you work with would love to get more involved with the state and are social media savvy, we could use you. For more information just contact [eric.larson@mercyoneiowa.org](mailto:eric.larson@mercyoneiowa.org) and we will help answer any questions.

As always, please feel free to reach out to any board members, if questions or concerns arise.

Sincerely,

Eric Larson

IACPR President



The IACPR needs member participation to survive, I am therefore putting a call out to all members of IACPR that may be interested or would like to inquire about serving on the Board, the Education Committee of IACPR or as a volunteer for our new social engagement committee. For the coming year we have several Board positions open, including President Elect. If you have ever thought of serving on the Board and wanted to make a difference, this may be your opportunity.

The Education Committee establishes content, plans, and carries out the spring conference and any other educational programs offered by IACPR. Serving on statewide committees or the board of directors for IACPR helps develop leadership skills, provides networking opportunities, and volunteering in a professional association looks great on a resume.

If you have possibly thought of volunteering or have general questions regarding serving, please feel free to reach out to me at [eric.larson@mercyoneiowa.org](mailto:eric.larson@mercyoneiowa.org).

**Election of Board of Directors**

Thank you to all who voted and for Leah sending out those email blasts to get everyone to vote! The following candidates were elected to the board.

Gwen Bridgman

Aleshia Bloker

Michelle Hinrichsen

They will receive a free registration to the IACPR Conference.

IACPR conference in 2021.

**Distinguished Member of the Year**

2021 – Debbie Anderson

2022 – Denise Promes

2023 – Susan Flack

**Scholarship Winners - 2023**

New Member – Courtney Anderson

Seasoned Member – Aleshia Bloker

**SAVE THE DATE**

**2024 IACPR Cardiopulmonary Rehab Conference**

**Thursday April 18th (half day) and**

**Friday April 19th (full day)**

**Courtyard by Marriott – Ankeny, IA…more details to come**

Peg King, Jolene Stackis & Carrie Adams