

IACPR Board of Directors Teleconference  
January 21, 2010

**Present:** Diane McGrew, Susan Flack, Candy Steele, Deb Anderson, Laura Mackaman, Barb Burmeister, Janie Knipper and Peg King

**Absent:** Darlene Rueter and Becky Paxton

President Diane McGrew called the meeting to order at 3:10 p.m.

**Secretary's Report:** Minutes are on the website as approved.

**Treasurer's Report:** Becky submitted a written report

Checking	\$6025.64
Savings	\$ 861.72
CD matures 3-11-10	\$4092.80

We received \$260.76 from PayPal for memberships and ICN payments.

We received \$835.00 in checks and cash for memberships and ICN payments.

Total income \$1095.76

Expenses \$290.00 for website

79.50 postage

43.75 ICN expense

We still expect billing from Kirkwood for the fall ICN broadcast which has been \$350-500 and are expecting billing from Mary Greeley for the fall CEU's which has been \$500-600.

We will need to decide whether to keep the 3-11-10 CD invested or to cash it and put it in savings. This will need to be done by March 1. The interest rate is 1.45%. It paid approx \$58.00 last 12 months. Barb moved to cash in the CD and put it in savings seconded by Deb. Motion passed.

Becky reported that on the bank statements there is listed a US Bank business ATM card ending in 8559 which is listed as active and able to withdraw funds. She does not have this card and would like permission to contact the bank to cancel it. Candy motioned to cancel the ATM card seconded by Janie. Motion passed.

**Committee Reports:**

**1. Budget and Finance-** Diane will inform Becky that Kelly Tench from Mercy, who recently joined IACPR, is interested in the budget and finance committee.

**2. Communication:**

**Website:** Candy reported that the hits have been high after the email blast. Leah Lenz has been helping her and will respond to contacts while Candy is gone on vacation. Candy also contacted James Johnson who is a member of IACPR currently living in Texas but wishing to relocate to Iowa agreed to be on the website committee. Candy will notify Leah.

**3. Education**

**Tri-Net:** Nancy Steingreaber submitted a written report as follows: The TriNetwork committee has been active since October 2009 meeting on a monthly basis. We have been busy getting speakers and starting to pull the information together for the conference which will be in Sioux Falls SD on April 23 & 24. We have put a "Save the Date" together and it has been sent to

all State Associations. Thanks to Candy Steele this announcement was seen all over IOWA on January 14 and is posted on the web site. A brochure this year will be mailed to each possible participant in February for registration. This year there will be no charging to credit cards as the other 2 states do not have the ability to do this. Also non members will pay the non member price as was done last year. All memberships should be paid prior to attending. Nancy was sure someone will take payment if one should ask. She will be sending along a preview of some of the programs they are looking at for this year's conference.

#### Friday

8 am Welcome

8:10 am Randy Thomas – Performance Measures for Cardiac and Pulm Rehab

9:10 am Beef Council - (Nutrition and Disease- Prevention and Management)

10:20 am Break

10:50 am Periodontist - The Relationship between CVD and Periodontal Disease

12:00 Lunch and Association Meetings

1:30 pm Resistance Training - Mark Williams

2:30 pm Randy Thomas – State of AACVPR

3:20 pm Break

3:50 pm Obstructive Sleep Apnea – Susan Rohr

4:40 pm Adjourn

5:00-6:00 pm Social Hour

#### Saturday

8:00 am Jeff R (Reimbursement)

9:00 am Gayla Oakley - Program Certification & Recertification

10:00 Break

#### Cardiac Tract

#### Pulmonary Tract

10:20 Dr. Orvar Jonsson - CHF  
Pulm R

Lana Hilling, RRT- Coordination of Pt Goals in

11:00 CABG surgeon

June Schulz –Education of Pulm Rehab Pts

She comments this is temporary and may be changes. The committee hopes to have all ready to be sent out by March 1.

Laura reports she will work on a date for the 2011 conference to be held in Iowa.

**ICN:** Candy, Janie and Susan report they have received many phone calls from non AACVPR members and AACVPR members regarding reimbursement information. People have asked if the new reimbursement information will be addressed at the Spring ICN. However, there is no ICN scheduled. AACVPR members can access reimbursement information on the Members Only section of the AACVPR website. All programs should have at least one member of AACVPR on their staff so they have access to the information. Diane will write an article to put on the website explaining why IACPR is not having a Spring ICN. She will put it on the agenda at the annual meeting also. At a previous meeting, the BOD discussed replacing the ICNs with webinars. Academy Medical Systems (AMS) has offered to give their “group” discount to all IACPR members who wish to register for one of their webinars. The logistics of how AMS would know which registrants were IACPR members was discussed. Janie will talk to Academy Medical Systems for suggestions.

**4. Membership:** Marolyn Nuzum submitted a report as follows: There are 154 current members. Since the ICN, when there were a group of new and renewing members, there have been only a few new ones.

**5. Standardization:** Janie submitted a report. As follows  
2010 is the year of change in regards to the Program Certification/Re-certification process. All applications will be submitted online beginning this year. The timeline is the same for both certification and re-certification:

- AACVPR Certification Center goes live on the AACVPR website on March 1.
- Online applications available on the AACVPR website March 1.
- Online applications due May 1
- Application review is completed by July 1
- Applicants are notified of the review results by August 31

\*Note – these dates are subject to change

The new online application is supposed to be simpler. The online application will be completed including narratives to explain how each item on the application is met by the applicant's program. Examples of documentation/forms will not be submitted with the application. The applicant must be prepared to show this information if they are randomly chosen for an onsite audit. Outcomes data will need to be provided as part of the online application using the same table format as before.

6. **Legislative:** Candy and Janie submitted a report as follows-

**2010 Changes in Cardiac and Pulmonary Rehab Reimbursement:**

- Medical Director must review and sign the Individualized Treatment Plan (ITP) prior to initiation of PR
- A physician must be immediately available and accessible except when provided in a hospital setting where such availability is presumed – physician must be within 250 yards of the main hospital campus – **this is not new**. CMS has stated that a CR or PR program **located on the CAH campus** must have a doctor on the premises to meet the “presumed to be met” requirement. If the program is located off-campus, a physician must be immediately available in the provider-based department. This means that even though CAHs aren't required to have an MD in the CAH at all times, the CR/PR programs do.
- To report one session of PR or CR the **duration of treatment must be at least 31 minutes**. If 2 sessions are billed in one day, the **first session must be 60 minutes** in duration and the second session must be at least 31 minutes for a total of 91 minutes.
  - **PR: Monitored exercise must occur in every session**
  - **CR: Exercise must occur every day, but does not need to occur in both sessions if the patient is being billed for two sessions in one day.**
- A **maximum of 2 sessions per day** may be reported, regardless of the total duration of services.
- CMS has granted **up to 36 sessions** for both CR and PR; an additional 36 sessions may be approved by our MAC (WPS) on a case by case basis
- Billing for PR patients with a **diagnosis of moderate, severe, or very severe COPD** – use code **G0424, Pulmonary Rehab, including aerobic exercise per session, per day.**

This is a bundled code; you **cannot** bill with any other codes, i.e. cannot use Physical Therapy codes; cannot bill for 6MWT, inhaler training, etc.

- Billing for PR patients with a **diagnosis other than COPD** – use same codes used prior to January 1, 2010, i.e. G0237, G0238, G0239, 94664, 94620, etc.

CR NCD is retired now.

**Old Business:** Susan and her staff are about finished tallying contacting programs with a no contact listed and will email the directors with the results.

**Members interested in serving on committees-** Diane contacted a couple of members and Candy one with no replies. Diane will address this at the annual meeting.

**Education Co-Chair for Webinars/ICNs-** tabled.

**New Business:**

1. Diane received a letter that as of December 31, 2009 IACPR Attorney is retiring and that the client files will stay in Elderkin and Pirnie office.
2. Diane reported that she had a teleconference January 13 with the NCVPRN and MOKSACVPR presidents in regards to having a joint meeting. She reports that eastern Missouri is not interested as it holds its own meeting and the rest of the MOKSACVPR membership attends a yearly meeting in Kansas City, this year to be held April 9 & 10<sup>th</sup>. They would put our Tri-Net flyer on their website. The three affiliate presidents plan to have a teleconference quarterly.
3. It was felt that we should send two people to Day on the Hill March 3 & 4<sup>th</sup>. AACVPR wants to discuss 5 areas with the legislators. Janie, Candy and Susan are interested in going. They will research expenses and send an email to the board to vote on.
4. It was reported that Leah Lenz will run for Candy's position and Barb Burmeister would consider being on the board also. Elaine Their\_from Dubuque may be interested Janie will contact her. Susan will ask if anyone from Mercy Des Moines is interested.
5. Candy will put out an email blast that distinguished member of the year nominations are due by March 1 to Diane.

Our next meeting will be in Sioux Falls April 22. Laura will check with Nancy about rooms and menu.

Meeting was adjourned by Diane McGrew at 4:20 p.m.

Respectfully submitted,

Peg King, RN, CCRN